

# Virginia Mountain Mint



## *Pycnanthemum virginianum*

Soft texture and pure white flowers make this long-lived native perennial a great addition to the perennial border or herb garden

A very similar species is *P. tenuifolium*, the Thread Leaved Mountain Mint. These two species may be used interchangeably.

Highly deer resistant. Clay tolerant. Sun to light shade.

Grows 2-3 feet tall, slowly spreading to 2-3 feet wide.

Looks great with Prairie Dropseed, Little Bluestem, Wild Bergamot, Baptisia, but honestly a great plant to include in about any sunny garden.

Another similar species is *P. pilosum*, the Hairy Mountain Mint. This species sometimes spreads quickly via seed, so we tend to reserve it to less formal landscapes or sites we are trying to naturalize.



Consistently attracts a wide diversity of pollinators over a long season of bloom starting in late spring. The tiny flowers are bright white and borne in large clusters. These species are well mannered and bring a wonderful, soft texture to the landscape.

